



# THROUGH THE LENS

Great People and Great Images Since 1988

Website: [www.arlingtoncameraclub.org](http://www.arlingtoncameraclub.org) Email: [arlcamclub@yahoo.com](mailto:arlcamclub@yahoo.com)

## President's Comments . . .



I thought this month would be a good time to discuss the procedures and functions of our committees to our newer members.

As you know, we have a competition every other month at our club, whereas some clubs have theirs once a month and others twice a month. In order to hold a competition you need to have 3 judges. The judges score a photograph using a number system of 3 to 9, which combined ranges from 9 to 27. There is a judges scoring guide on the CACCA website that explains what each rating is. I would recommend downloading a copy and using it as a reference.

Roy Mattke from our club is in charge of Judging. Other clubs call us to judge their competitions and vice versa. So for us to get judges, we need to be judges. If you are interested in learning more about judging, contact Roy, and when we go to other clubs to judge you are welcome to observe. It is a great way to visit other clubs and also see some great images. Plus, you will have the opportunity to discuss the judging procedure with us afterward. Learning to judge is a great way to help improve your own images. It

really gives you an insight into why certain photos score well with the judges.

If you have any questions, do not hesitate to ask Roy or any one of our judges. Do give some thought to going to another club with us. It will be fun, and you'll learn a lot.

Another area where help is needed is the Workshop and Program Committee. We are always looking for new and interesting programs. Ken Olsen is heading this committee. Even though Ken already has programs lined up through the end of this year, we need to keep concentrating on lining up more programs. In order to do this, Ken needs help in making contacts or sending letters/emails to potential presenters. So, if you have seen or heard of a good program, contact Ken. Your help would be greatly appreciated.

Our club is known as the "friendly club", and one of the reasons for that is we greet our guests. We send them information when they inquire, through the web or via email, and make them feel comfortable when they enter our meetings. This is the function of our Membership Committee. All you need is a friendly smile, a good handshake, and the willingness to make contact with potential guests and invite them to our meeting.

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### Upcoming Events at ACC

ACC meets at the Arlington Historical Society, 110 W. Fremont, Arlington Heights, [2 blocks west of Arlington Heights Road, just south of Euclid]

#### March 5 — Program

Underwater Photography by Jim Nix

#### March 19 — Workshop

Arlington Camera Club meets on the 1st and 3rd Wednesday, from September through June at 7:30

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## President's Comments (cont'd)

When you signed up to be a member of our club, you were asked to be part of a committee. It is part of your membership and helps us keep dues down to a minimum. With enough people on a committee, it reduces the work load for everyone and makes our club one of the best clubs in the area to be a part of.

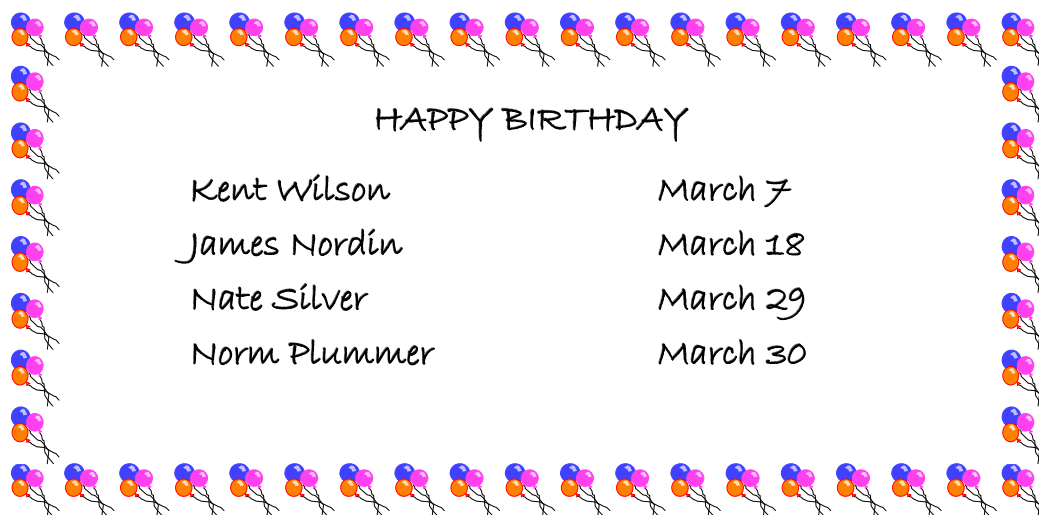
So give some thought to how you can help. There are other committees that we will discuss in the next newsletter.

Do not forget our upcoming member's exhibit at Prospect Heights Library and invite some friends, relatives, or

neighbors to attend the reception and see some of the work that our members are displaying. For more information see Sue Farwick or Carol Arnold.

We extend a big thanks to all of those who have contributed and helped make this club what it is today.

*Cindy Kuffel*  
*Bill Kruser*



*Editor - Diana Jacobson*  
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**Officers**

President – Bill Kruser/Cindy Kuffel  
 Programs/Workshops– Ken Olsen  
 Competition– Carol Arnolde  
 CACCA Representatives – Nathan Silvers/  
 Randy Vlcek/Ken Olsen  
 Newsletter – Diana Jacobson  
 Treasurer — Cathie Berner  
 Publicity – Patty Colabuono  
 Web Master – Jim Roberts  
 Yahoo! Group Site Maintenance – Kathy  
 Wessels

**Coming In April**

April 2 — Competition: Open to all paid members

April 16 — Critique Workshop

CACCA Theme: Letter G in the Title

## SOMEONE YOU SHOULD KNOW

Member Profile: Ann Sandler

**Born:** Houston Texas

**Family:** Husband, 1 stepson, 2 bichons, and a cat

**Hobbies:** Photography, reading, baking, gardening, yoga

**Favorite Book:** The Thorn Birds

**Favorite Movie:** Dead Poets Society

**Favorite Food:** Chocolate, pizza, onion rings

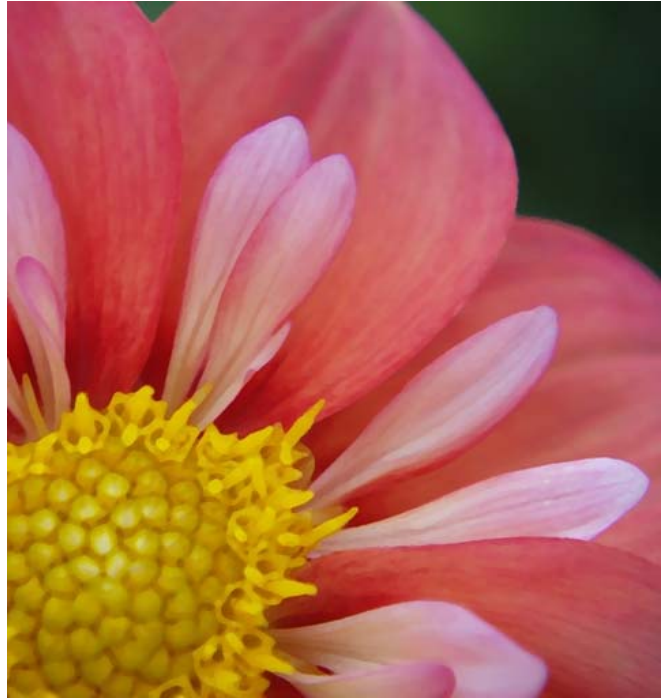
**Favorite Music:** Rocky Blues

**Favorite Place to Shoot:** Botanic Gardens

**Favorite Photographer/Photograph:** Thomas Mangelsen

**How Did You Get Interested In Photography:**  
Taking pictures of my cat in the yard, and trips to Wisconsin

**Favorite Picture I Have Taken:** Close-up flowers



## Q&A: POLARIZERS

Q. I want to purchase a circular polarizer, could you recommend one to me?

A. I shoot Nikon and purchased Nikon circular polarizers. There are several major companies that sell good polarizer filters; a couple that Hank Erdman mentioned were B + W and Singh-Ray. I recommend you buy from companies that are known for their quality, and yes, good glass is going to be expensive. Rather than just walking into a camera store and asking their advice, you would probably benefit more by doing some research on line and seek the advice a serious photographers or two. I have several polarizer filters (which I gradually acquired) that fit three of Nikon's standard thread sizes. Since I tend to leave my polarizers on most of the time, I like having the three different sizes. When cost is a consideration, start with purchasing the size that fits your largest thread size (Note: not all cameras are compatible with each other, example being Canon's standard thread sizes are different than Nikon's) and then get what are called

"step-down" rings which adapt your larger thread size to the smaller ones. For example, I might buy a 62mm polarizer and then a step ring that has 62mm thread on one side (which the polarizer can screw onto) and 52mm on the other side which will screw directly onto the lens, thus connecting the larger polarizer filter to a smaller thread size lens. These can be purchased locally from Helix Camera & Video or Calumet Photographic and they are not too expensive. Hank mentioned that he had a "thin" polarizer filter, and the advantage there is that is when placed on a wide angle lens it is less likely to vignette (put round shadow marks on the corners of your rectangular image which you will not be noticeable until later.) My very large and most expensive polarizer is intended for my wide angle zoom lens (20-40mm) and I like the fact that Nikon makes the front of the polarizer bigger than the screw size. While this does help with vignetting, it is not a standard size and I have yet to find anyone that makes a lens cap to accommodate this oversized lens.

# ACC FEBRUARY COMPETITION RESULTS

## Slides

Pat Wadecki	Autumn Still Life — Leaves	23	AW	SOM
Donna Thomas	Cucumber Magnolia	23	AW	
Pat Wadecki	Great Blue Heron	22	HM	
Donna Thomas	Red Maple	22	HM	
Diana Jacobson	Mather Point	22	HM	

## Small Color Prints — Class B

Marlene Jones	Peony	23	AW	
Ed Martin	Mona Lisa Smile	22	AW	
Marlene Jones	Pretty Eyes	21	HM	
Nancy St. Clair	Butterfly and Flowers	21	HM	
Joanne Trahanas	Water Play	21	HM	

## Small Color Prints — Class A

Barbara Silvers	Maui Water Lily	24	AW	
Nathan Silvers	Palm Leaf	23	AW	
Paula Matzek	Tarahumara Family	22	HM	
Paula Matzek	The Pigeon Feeder	22	HM	

## Small Color Prints — Class AA

Patty Colabuono	Grandpa's Watching	23	AW	
Ken Olsen	Water Lily	23	HM	
Pat Wadecki	At Rest on a Spiderwort Bud	22	AW	
Jane Maio	Red Cascade	22	HM	
Randy Vlcek	Barn Own	22	HM	

## Large Color Prints — Class B, A and AA

Pat Wadecki	Wise Old Barred Owl	25	AW	POM
Marlene Jones	Is There a More Beautiful Boat Slip	23	AW	
Carol Arnolde	Autumn Leaves	21	HM	
Nathan Silvers	Wood Fairy	21	HM	
Nathan Silvers	Hidden Falls Along Hana	21	HM	

(continued)

**Small Monochrome Prints — Class B**

Patty Colabuono	Into the Mist	22	AW
Nathan Silvers	Sax	21	HM
Nancy St. Clair	Boat Passing	20	HM

**Small Monochrome Prints — Class A and AA**

Jane Maio	A Stairway with History	24	AW	MPOM
Cindy Kuffel	Solitude	22	AW	
Ken Olsen	Old Church Ruins	22	AW	
Nora Liu	Mutual Trust	21	HM	
Ken Olsen	Delgado Street Gate	20	HM	

**Large Monochrome Prints — Class B**

Barbara Silvers	Waialua Falls	20	AW
Jane Maio	And the Sun Came Out	20	HM

**Large Monochrome Prints — Class A**

Nora Liu	Mathematics Teacher	24	AW
Walter Hoffman	Tipsoo Lake	23	HM

## TRAVELS AND EVENTS

March 6, 2008	College of DuPage – National Geographic Photographer Free – 7:00 p.m.
March 9, 2008	Milwaukee Art Museum – more information at club meeting
April 2008	Prospect Heights Library Display and Reception
April 27, 2008	Hank Erdmann Outing – Photographing local spring wildflowers, \$75.00 per person
October 11-13, 2008	Door County Weekend – make your reservations NOW. Fee for this program is \$100.00 per person. Hank will be joining us half of Saturday, all of Sunday and maybe half of Monday

If any club member has a suggestion for an outing or knows of an event that would be interesting to photograph please let me know and I will pass it along.

# SAM ABELL

By Joanne Trahanas

Photographer Sam Abell to Speak at College of DuPage on March 6th

Sam Abell is a renowned American photographer reaching fame through his work for National Geographic, which began in 1970. During his many years there he photographed many various cultural and wilderness subjects. He is not only a famous documentary photographer, but also a teacher, artist, author, and eloquent speaker.

His love for photography began in his youth thanks to his father who was a geography teacher and also ran the photography club. Sam ended up being the photographer and co-editor of his high school yearbook and newspaper. He then went on to graduate from the University of Kentucky,

Since then, Sam Abell is known for his documentary photography because he says that he stays close to his subjects and shies away from complex photography equipment. He believes that "Seeking the picture is the complex process that dominates documentary photography, and in the seeking there is often a story. The story varies. At its best it is magical; at its worst it is bitterly frustrating."

In addition to his work with National Geographic, Sam Abell has had exhibits world wide and published many books including *Contemplative Gardens*, *The Inward Garden: Creating a Place of Beauty and Meaning*, *Australia: Journey Through a Timeless Land*, and *Seeing*

*Gardens*. He also collaborated with other authors to publish *The Mississippi: River of History*, *Sam Abell: The Photographic Life*, *Four Stories*, and *Stay This Moment: The Photographs of Sam Abell*.

Most interesting is to read Sam Abell's descriptions of his work. "...And that desire--the strong desire to take pictures--is important. It borders on a need, based on a habit: the habit of seeing. Whether working or not, photographers are looking, seeing, and thinking about what they see, a habit that is both a pleasure and a problem, for we seldom capture in a single photograph the full expression of what we see and feel. It is the hope that we might express ourselves fully--and the evidence that other photographers have done so--that keep us taking pictures." - *Sam Abell, Seeing and Shooting Straight by Sam Abell*.

For more information on Sam Abell, be sure to see him at College of DuPage and also at the following sites.

Photo Quotes:

<http://www.photoquotes.com/ShowQuotes.aspx?id=9&name=Abell,Sam>

National Geographic:

<http://www.nationalgeographic.com/index.html>

Sam Abell — The Photographic Life — The Digital Journalist:

[http://www.digitaljournalist.org/issue0202/abell\\_intro.htm](http://www.digitaljournalist.org/issue0202/abell_intro.htm)



"My best work is often almost unconscious and occurs ahead of my ability to understand it."

Sam Abell

"Above all, it's hard learning to live with vivid mental images of scenes I cared for and failed to photograph. It is the edgy existence within me of these unmade images that is the only assurance that the best photographs are yet to be made."

Sam Abell

"It matters little how much equipment we use; it matters much that we be masters of all we do use."

Sam Abell

# The Digital Corner

## MOCK DIGITAL COMPETITION March 19, 2008

On March 19th we will be holding a mock digital competition.

We would like each of you to email 2-3 images in jpg format to Mike Berner. Mike will set the images up to display using the software we're implementing for digital competitions. This will allow us to continue our testing of the new digital competition software and how it can be used under conditions resembling an actual competition.

The results of this competition will not count to your annual standings but I've been assured that mock awards will be presented to the winners.

The images should be no longer than 1024pixels on their longest side. To resize your photo in Photoshop go to

Image, Image size, and make sure the boxes for "constrain proportions" and "resample image" are checked. Then adjust the longest dimension in the "pixel dimensions" section to no more than 1024. The other dimension will automatically be calculated to keep the existing aspect ratio of your photo. Click OK and then save the file under a different name in jpg format. Please include your initials as the first 3 letters of your file name.

We'd like these images sent to Mike no later than March 10th so he has time to organize them. His email address is

mberner13@comcast.net

Please contribute some images so we have a productive session.

Many thanks to Mike Berner for volunteering to organize the images and his hard work on the digital projection project!

Also we'll need 3 judges from our ranks. If you'd like to give judging a try, here is a pressure free opportunity. please shoot an email to me (kolsen@mc.net) if you're interested in judging the mock competition or have any questions about the mock competition.

**Ken Olsen**

Arlington Camera Club has now purchased a new PA system with a wireless microphone for our guests and speakers. Because of the size of our audience, some of the people in the back of the room were having difficulty hearing our guests. We now have a great PA system that will help overcome this



Volo by James Beck

# PHOTO JOURNALING

By Joanne Trahanas

What is photo journaling? Most people think of photo journaling in terms of scrap booking, a popular hobby presently. While scrap booking is similar to photo journaling, it is not the same.

Photography has been defined and described in so many ways, but the most famous is the proverb “a picture is worth a thousand words,” meaning that one image can express complex ideas, stories, issues. People use photography to record their trips, the lives of children, or as an artistic expression. At the same time, journal writing has been defined as a way to express our thoughts and feelings on paper. It tends to be more informal in the sense that it is written for the author and not the audience. It allows us to show how we think, learn, create, and how to work with our ideas in new ways.

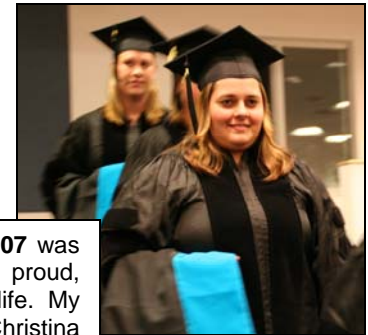
Put these two activities together and you have photo journaling. What does this mean exactly? Well, that is the fun of it. It doesn't have specifics really. It takes on multiple forms, and you, the photographer, just have to choose the one or create a new form of one that works for you.

However, if this is a new concept for you, there are many types of photo journals. For example, you might take a picture a day (week, month) and then describe how that picture “talks to you.” You might write what that picture represents to you or symbolizes, describe the feelings the picture evokes in you, or even just describe the picture itself.



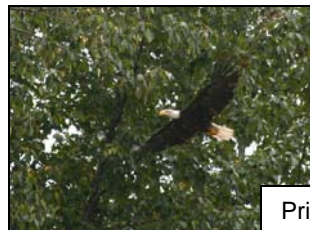
**Dancing Egrets**  
These egrets were actually having a water fight on a pier in the distance of Anna Marie Island, Florida. However, every time I looked thorough the viewfinder, they looked like they were dancing.

A photo journal can also be a telling of special events you experienced during your lifetime. In this example, you would shoot pictures or select pictures from your collection and then write why these special events were important to you, or just describe the event and any connection to you, your family, or friends.



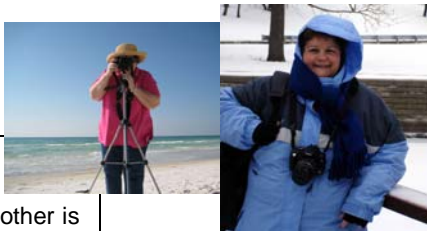
**Friday, January 12, 2007** was one of the most exciting, proud, tearful moments in my life. My daughter became Dr. Christina Ann Trahanas today, having completed her doctorate in physical therapy. She worked so very hard for this moment and this picture captures the pride in herself.

Another kind of photo journaling is trip journaling in which you select a picture or two from each trip you have taken, and document your traveling history. Along with the chosen pictures you would write brief details like where, when, with whom you traveled and then an explanation of why that one or maybe two picture/s was/were representative of the trip you took.



Prince Rupert Canadian Rafting Adventure  
August 8, 2007 Excursion with my daughter, sister, and niece  
During my entire Alaskan cruise adventure I tried to capture an eagle. I was just about to give up and said something to the rafting guide, and he said, “Well, look up.” There, flew this eagle, and I was able to capture this picture.

Still another type of photo journaling is the topic journal in which you decide to chronicle a hobby like gardening, nature, sports, or photography for that matter. This involves shooting pictures of the various aspects of that hobby, and of course, yourself participating in the hobby, and then writing the details about this hobby and why it is important to you.



This is me shooting pictures on the sunny beach, and the other is me shooting at Botanic Gardens in the middle of February. Whatever the season, whatever the weather, photography brings a smile to my face.

Finally, another kind of photo journaling is a life chronicle in which you take or select photos that you believe document your life in terms of your values, beliefs, humor, challenges, trials and tribulations, joys, etc. Whichever kind you choose or whichever you create, a photo journal will chronicle something that is very important to you in pictures and words. It also can be a time capsule of sorts for future generations.



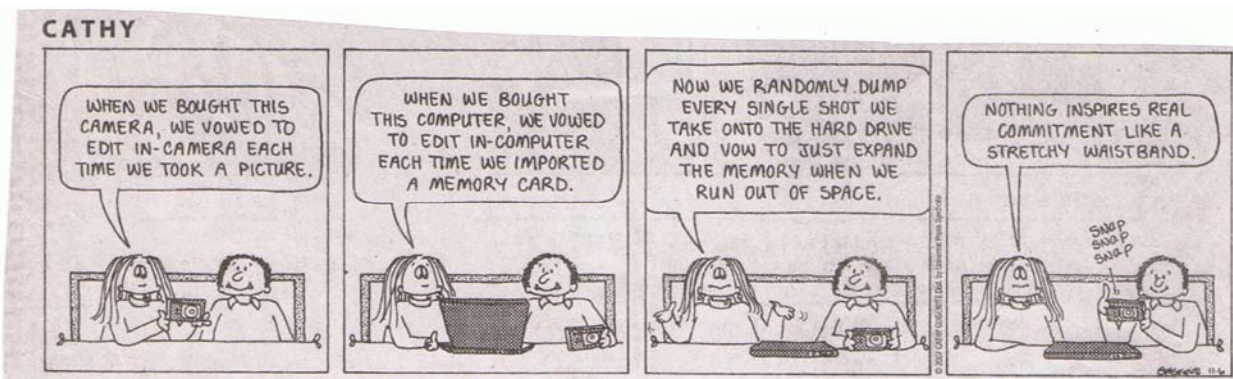
**Faith and Prayer** are important to me. I am proud to be Greek Orthodox. The traditions, the icons, the prayers, the chanting and choral singing, the incense, the candlelight, the rituals, and overall beliefs appeal to my senses and to my heart and soul.

These are just a few examples of what a photo journal can look like. Actually, if you wanted, you can create a

photo journal that includes all of these. That, however, leans more to being the now popular scrap booking.

So how does one begin a photo journal? Well, to photo journal one needs to consider three basic needs—desire, a place, and a plan. Desire is important to photo journaling because you must want to preserve ideas, memories, or details, and of course, your photographs. Also, you must have the desire to do something for yourself knowing that someday it may be valuable and/or meaningful to others. The second need is a place to record your photo journal. There are a few options for this: a kind of book in which you wish to record your descriptions, details, feelings, and/or ideas associated with the accompanying photo; the internet option to which you upload your photos and your words; a website or gallery to which you publish your photos and words; and, photoblogs where you publish your photos and words, but also share it all with larger online communities. As you can see, there are many creative places to which you can enter your work. Third and finally, you need a plan. You need to think about how you want your journal to look and how often you want to create an entry. You need to know the overall goal— are you trying to chronicle something, express feelings, document change, share values or perceptions? You might choose a more specific kind of journal and choose a topic or them such as a daily photo journal, event photo journal, topic photo journal, etc. Then, of course, you need to organize your photos or plan ideas as to who/what/where you would like to shoot pictures. Eventually, you will need to print or upload these to your chosen place. Finally, you need to add captions, bullets, short paragraphs that give details, ideas, feelings, description, and more to your photos. Finally, plan to date each photo or entry. This might not seem important at the time, but remember that somebody might enjoy your photo journal in the future.

We would like to thank Tanya Rye, Karen Janas, and Guy Lawyer from the Lombard Camera Club for coming to our rescue and agreeing to Judge the February competition at the last minute after we had to reschedule our competition date due to inclement weather.



# Member Gallery

Competition Awards and Honorable Mentions



Peony  
By Marlene Jones



Water Play  
By Joanne Trahanas



Delgado Street Gate  
By Ken Olsen



Grandpa's Watching  
By Patty Colabuono



A Stairway with History — MPOM  
By Jane Maio



Tarahumara Family  
By Paula Matzek



Water Lilies  
By Ken Olsen



Mutual Trust  
By Nora Liu



Solitude  
By Cindy Kuffel